

# Safety Tips from Adult Family Home Owners

## Helpful Safety Advice and Tips from Adult Family Homes in the Community

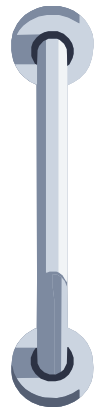


### Health and Hygiene

- Handwashing is very basic but extremely important.
- No one is immune or exempt from illness.
- Avoid cross-contamination - when you leave a room take gloves off immediately.
- Conduct infectious control training with staff every year.

### Safety

- Keep walkways clear and well lit.
- Check for slippery areas after showers to prevent slips and falls.
- Many residents cannot easily walk so be aware of tripping hazards.
- Caregivers need to wear proper footwear - no open toed shoes!
- After installing grab bars, handrails or anything else weight bearing, test the item thoroughly by putting your weight into it.
- Chemical safety training is a must!



### Resident Care

- If a resident falls, use correct lifting techniques to help them off the floor.
- Learn the proper way to transfer residents so no one gets hurt. Remember to not pull the arms of the residents.
- New caregiver advice: The resident comes first. Patience, respect, care and compassion are needed to become a caregiver.

